



1.0 Body Size Measurements

Important - Before Measuring read the following to ensure accurate measurements for the best fitting garment.

1. Do not pick a dry suit size based on different manufacture's dry suit size.
2. Carefully read all the notes for each measurement.
3. Take your measurements to the closest 1/4 inch (Example: 70.25). Use inches for all measurements.
4. Have an assistant do the measurements for the most accurate measurements.
5. Use a flexible tailors tape. A flexible non-stretch device such as a string can be used if a tailors tape is unavailable.
6. For all measurements, there should be no slack in the tape.
7. Dry suits sizes are based on tight fitting clothing being worn underneath the dry suit. During the measurements wear light clothing such as a t-shirt and light pair of shorts.
8. Stand up straight and keep your body relaxed during the measurements.
9. Not all sizes are available for different Mustang Survival Dry suits styles. Check the specification sheet for the appropriate dry suit style prior to using this work sheet.
10. There are up to 24 suit sizes to choose from but these sizes do not work for everyone. If in doubt, talk to your Mustang Survival Representative.

Measurement Instructions		Your Measurements
	1 - Chest Measure the horizontal circumference around the chest at the maximum girth. • Maximum girth is typically at the nipple height for most people. • Breath normally and do not take deep breaths. • Your arms should be relaxed and down by your sides.	
	2 - Waist Measure the horizontal circumference around the belt (waist) line. • Remove any belt you may be wearing unless you would wear the belt under the dry suit. • Do not use your pant waist size as it will generally be smaller than your actual belt line size.	
	3 - Hips Measure the horizontal circumference around the hips and buttock at the maximum girth.	
	4 - Sleeve Measure the sleeve length with your arms horizontal, bent at the elbows, and with your fists touching knuckle-to-knuckle out from the chest. Measure the distance from the center of the back along the outside of the arm to the outer tip of the wrist bone.	
	5 - Inseam Measure the vertical distance from the crotch to the floor. • Use a book between the legs pressed firmly up to the top of the crotch. Measure from the top of the book to the floor. This measurement will be inaccurate if one is wearing baggy clothes and/or the book is not pressed up firmly enough. • Only wear footwear you would wear inside your dry suit such as socks.	
	6 - Torso Hoop Measure the torso hoop with your shoulders relaxed and the tape running over the center of one's shoulder and between the legs. • Center of shoulder is straight up from your arm pit. Alignment on the shoulder is important as placing the tape measure too close to the neck will result in a measurement that might be too big. • This measurement will be inaccurate if one is wearing baggy clothes and/or the tape is not tight enough. • If you are attempting to do this measurement yourself, it is important that you do not raise your shoulder for the arm holding the tape. Your shoulders need to be relaxed and in a neutral position.	
	7 - Height Measure your height with footwear you would wear inside your dry suit, such as socks.	
	8 - Foot Size Use USA Men shoe sizes regardless of gender.	
	9 - Weight Weight - Naked body weight in pounds.	



2.0 Select A Suit Size

Example - How to pick a dry suit size

Note: There are 2 parts to a dry suit size, a size and a height. As an example, a Medium Regular suit is a Medium size with a Regular height.

Picking the right dry suit size is a 3 step process

Step 1 - Pick a potential suit size

Step 2 - Pick a suit height

Step 3 - Confirm the suit size/height combination chosen works with all your measurements.

Step 1 - Pick your Suit Size

For each of the following measurements chest, waist, hips and foot find all the ranges that your measurement falls into. There may be 2 or more ranges that your measurement falls into.

In this example, the user's chest measurement is 42 inches. Therefore, the chest measurement would fall under Medium and Large 1 suit sizes. The remaining user sizes also fall under both the Medium and Large 1 sizes. Therefore, both the Medium and Large 1 sizes will be used in the Step 2.

Note: The suit sizes pick in step 1 are only potential sizes. Other measurement in the next steps may eliminate the current size options.

User Measurements	Suit Sizes															
	XS		S		M		L1		L2		XL		XXL		3XL	
	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max
Chest = 42	35.0	38.0	37.0	40.0	39.0	42.0	41.0	44.0	43.0	46.0	45.0	48.0	48.0	52.0	52.0	56.0
Waist = 36	29.0	32.0	31.0	34.0	34.0	37.0	35.0	38.0	37.0	40.0	40.0	44.0	44.0	49.0	49.0	54.0
Hips = 40	37.0	40.0	38.0	41.0	39.0	42.0	40.0	43.0	41.0	44.0	43.0	46.0	46.0	50.0	50.0	56.0
Foot (USD) = 11	7.5	9.0	7.5	9.0	9.0	12.0	9.0	12.0	9.0	12.0	12.0	16.0	12.0	16.0	12.0	16.0

Step 2 - Pick your Suit Height

Based on the results from step 1 this user will potentially fit into a Medium or Large 1 dry suit. For step 2, the user looks **ONLY** at the height ranges for Medium and Large 1 suits. In this example the user is 71.5 inches tall and would fit into a either a "Medium Long" or a "Large 1 Regular" suit. These 2 suits size / height combinations will be used in in step 3 to confirm the suit size.

User Measurements	Suit Sizes																
	XS		S		M		L1		L2		XL		XXL		3XL		
	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	
Suit Heights	Short = 71.5	57.0	60.0	60.0	64.0	64.0	68.0	66.0	69.0	68.0	71.0	70.0	73.0	72.0	75.0	72.0	75.0
	Regular = 71.5	60.0	63.0	63.0	67.0	67.0	71.0	69.0	72.0	71.0	74.0	73.0	76.0	75.0	78.0	75.0	78.0
	Long = 71.5	63.0	66.5	66.5	70.5	70.5	74.5	72.0	75.5	74.0	77.5	76.0	79.5	78.0	81.5	78.0	81.5

Step 3 - Confirm Suit Fit

In step 1 and 2 the user determined they may fit into either a **Medium Long** or a **Large 1 Regular** dry suit. The user needs to confirm if either of these 2 suit will work. To do this the user will need to check that their Sleeve, Inseam and Torso Hoop fall into the **Medium Long** size or **Large 1 Regular** size.

In this example all 3 measurements fall into the Large 1 Regular size range and only 1 measurement is a match for the Medium Long. In this example the user would pick a Large 1 Regular dry suit.

Suit Heights	User Measurements	Suit Sizes															
		XS		S		M		L1		L2		XL		XXL		3XL	
		Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max
Short	Sleeve = 34	28.0	30.0	30.0	32.0	32.0	34.0	33.0	35.0	34.0	36.0	35.0	37.0	36.0	38.0	37.0	39.0
	Inseam = 33	26.0	28.0	28.0	30.0	30.0	32.0	31.0	33.0	32.0	34.0	32.0	34.0	32.0	34.0	32.0	34.0
	Torso Hoop = 68	57.0	60.0	60.0	63.0	63.0	66.0	65.0	68.0	67.0	70.0	69.0	72.0	72.0	77.0	76.0	79.0
Regular	Sleeve = 34	29.0	31.0	31.0	33.0	33.0	35.0	34.0	36.0	35.0	37.0	36.0	38.0	37.0	39.0	38.0	40.0
	Inseam = 33	28.0	30.0	30.0	32.0	32.0	34.0	33.0	35.0	34.0	36.0	34.0	36.0	34.0	36.0	34.0	36.0
	Torso Hoop = 68	59.0	62.0	62.0	65.0	65.0	68.0	67.0	70.0	69.0	72.0	71.0	74.0	74.0	79.0	78.0	81.0
Long	Sleeve = 34	30.5	32.5	32.5	34.5	34.5	36.5	35.5	37.5	36.5	38.5	37.5	39.5	38.5	40.5	39.5	41.5
	Inseam = 33	30.0	32.0	32.0	34.0	34.0	36.0	35.0	37.0	36.0	38.0	36.0	38.0	36.0	38.0	36.0	38.0
	Torso Hoop = 68	62.0	65.0	65.0	68.0	68.0	71.0	70.0	73.0	72.0	75.0	74.0	77.0	77.0	82.0	81.0	84.0

Pick Your Dry Suit Size

Note: It is important to remember that even though there are up to 24 suit sizes to choose from, these sizes do not work for everyone. If in doubt, talk to your Mustang Survival Representative.

Step 1 - Pick your Suit Size

For each of your measurements select all the size ranges that your measurement fits into. If all your measurements do not fall under at least one size contact your Mustang Survival Representative.

User Measurements	Suit Sizes															
	XS		S		M		L1		L2		XL		XXL		3XL	
	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max
Chest	35.0	38.0	37.0	40.0	39.0	42.0	41.0	44.0	43.0	46.0	45.0	48.0	48.0	52.0	52.0	56.0
Waist	29.0	32.0	31.0	34.0	34.0	37.0	35.0	38.0	37.0	40.0	40.0	44.0	44.0	49.0	49.0	54.0
Hips	37.0	40.0	38.0	41.0	39.0	42.0	40.0	43.0	41.0	44.0	43.0	46.0	46.0	50.0	50.0	56.0
Foot (USD)	7.5	9.0	7.5	9.0	9.0	12.0	9.0	12.0	9.0	12.0	12.0	16.0	12.0	16.0	12.0	16.0

Step 2 - Pick your Suit Height

Using the size determined in step 1 select a height range that your height falls into. If your height measurement does not fall under the suit size from step 1 contact your Mustang Survival Representative.

User Measurements	Suit Sizes																
	XS		S		M		L1		L2		XL		XXL		3XL		
	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	
Suit Heights	Short	57.0	60.0	60.0	64.0	64.0	68.0	66.0	69.0	68.0	71.0	70.0	73.0	72.0	75.0	72.0	75.0
	Regular	60.0	63.0	63.0	67.0	67.0	71.0	69.0	72.0	71.0	74.0	73.0	76.0	75.0	78.0	75.0	78.0
	Long	63.0	66.5	66.5	70.5	70.5	74.5	72.0	75.5	74.0	77.5	76.0	79.5	78.0	81.5	78.0	81.5

Step 3 - Confirm Suit Fit

Based on the Suit Size / Height combination determined in Step 1 and 2 confirm your Sleeve, Inseam, Torso Hoop measurements. If your measurements do not fall under 1 size/height combination contact your Mustang Survival Representative.

Suit Heights	User Measurements	Suit Sizes															
		XS		S		M		L1		L2		XL		XXL		3XL	
		Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max
Short	Sleeve	28.0	30.0	30.0	32.0	32.0	34.0	33.0	35.0	34.0	36.0	35.0	37.0	36.0	38.0	37.0	39.0
	Inseam	26.0	28.0	28.0	30.0	30.0	32.0	31.0	33.0	32.0	34.0	32.0	34.0	32.0	34.0	32.0	34.0
	Torso Hoop	57.0	60.0	60.0	63.0	63.0	66.0	65.0	68.0	67.0	70.0	69.0	72.0	72.0	77.0	76.0	79.0
Regular	Sleeve	29.0	31.0	31.0	33.0	33.0	35.0	34.0	36.0	35.0	37.0	36.0	38.0	37.0	39.0	38.0	40.0
	Inseam	28.0	30.0	30.0	32.0	32.0	34.0	33.0	35.0	34.0	36.0	34.0	36.0	34.0	36.0	34.0	36.0
	Torso Hoop	59.0	62.0	62.0	65.0	65.0	68.0	67.0	70.0	69.0	72.0	71.0	74.0	74.0	79.0	78.0	81.0
Long	Sleeve	30.5	32.5	32.5	34.5	34.5	36.5	35.5	37.5	36.5	38.5	37.5	39.5	38.5	40.5	39.5	41.5
	Inseam	30.0	32.0	32.0	34.0	34.0	36.0	35.0	37.0	36.0	38.0	36.0	38.0	36.0	38.0	36.0	38.0
	Torso Hoop	62.0	65.0	65.0	68.0	68.0	71.0	70.0	73.0	72.0	75.0	74.0	77.0	77.0	82.0	81.0	84.0